Save a life
What everyone should know to stop bleeding after an injury

Ensure your safety.

Look for life-threatening bleeding.

Is a trauma first-aid kit available?

No

Use any clean cloth.
Apply steady direct pressure directly on the wound.

Yes

Where is the wound?

Arm
Leg
Neck
Shoulder
Groin

Is a tourniquet available?

Yes

Apply above the bleeding site.
Tighten until the bleeding stops.

No

Pack the wound with bleeding control (hemostatic) gauze (preferred), any gauze, or clean cloth.

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